

# Gymnastics4Kids



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Nordwestschweizerisches  
Kunstturn- und Trampolinzentrum Liestal

**NKL** - individuell gefördert zum Ziel

# Gymnastics4Kids



Our artistic gymnasium is the ideal place to provide children with a wide range of exercise experience. The children can live out their natural urge to move, develop coordination skills, strength, agility, courage and much more. In addition we also use movement to intensify the learning of shapes, colors and numbers.

**Who** Children from 3 to 5 years old

**When** Monday 2pm - 3.30pm  
Dienstag 2pm - 3.30pm  
Donnerstag 9.45am - 11.15am\*  
Donnerstag 2pm - 3.30pm  
\*(especially suitable for children from 3 to 4 years old)

Please bring along comfortable sports dresses

**Location** Hall Rosen 4, Rosenstrasse 21, 4410 Liestal

**Cost** CHF 270.— per course / semester (1 training per week)



More about us and our offers at  
[www.nkl-liestal.ch](http://www.nkl-liestal.ch)

We can also be reached by phone at **061 599 25 67** or by e-mail at [info@nkl-liestal.ch](mailto:info@nkl-liestal.ch).



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