

EN

Basic training gymnastics / trampoline for Girls



@nkl_liestal



@nkliiest



Nordwestschweizerisches
Kunstturn- und Trampolinzentrum Liestal

NKL - individuell gefördert zum Ziel

Basic training gymnastics / trampoline for Girls

We offer gymnastics lessons suitable for girls who like to move.

All children who like to move are welcome!

Mix of gymnastics training guided by competent coaches in an amazing gym.

Beginners

Age: approx. 6 years

Monday 2.15 - 4.15 p.m.

Tuesday 2.15 - 4.15 p.m.

Thursday 4.30 - 6.30 p.m.

Friday 2.15 - 4.15 p.m.

Saturday 9.00 - 11.00 a.m.

Beginners, 2nd year

Age: from age 8

Monday 4.30 - 6.30 p.m.

Tuesday 4.30 - 6.30 p.m.

Wednesday 4.30 - 6.30 p.m.

Thursday 2.15 - 4.15 p.m.

Thursday 4.30 - 6.30 p.m.

Friday 2.15 - 4.15 p.m.

Saturday 9.00 - 11.00 a.m.

Saturday 11.00 a.m. - 1.00 p.m.

Competition group, approx. Age 6

Monday 4.30 - 6.30 p.m.

Thursday 4.30 - 6.30 p.m.

Saturday 11.00 a.m. - 1.30 p.m.

Where Gym Rosen 2, Rosenstrasse 21, 4410 Liestal



Find out more about us and our offers at
www.nkl-liestal.ch

You can also reach us by phone at
061 599 25 67 or by e-mail at
info@nkl-liestal.ch



SCAN ME!